

NS-134 Outer Thigh

Specifications:

Dimensions:

US 38" W X 66" L X 63" H

Metric 165 cm W X 152 cm L X 160 cm H

Weight Stack:

US 265 lbs. total, 3-5 lb, 1-10 lb, 12-20 lb

Metric 120 kg total, 3-2 kg, 1-4 kg, 12-9 kg

Total Weight:

US 625 lbs.

Metric 283 kg



Features:

- Weight stack serves as a privacy shield.
- Thigh pads accommodate various size trainees.
- Two foot positions accommodates various size trainees.
- All adjustments can be done in exercise position.
- Eight positions on range plate accommodates different pre stretch positions as well as easy entry and exit.
- Smart Strength technology offers 9 different cam profiles simply by adjusting the cam; resistance curves are altered to stimulate different muscle fibers.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.
- Weight stack plates are labeled in both US customary and metric units of measure (lbs./kg)