

### S-128 Diverging Seated Row

#### Specifications:

##### Dimensions:

US 51" W X 51" L X 71" H

Metric 130 cm W X 130 cm L X 180 cm H

##### Weight Stack:

US 265 lbs. total, 3-5 lb, 1-10 lb, 12-20 lb

Metric 120 kg total, 3-2 kg, 1-4 kg, 12-9 kg

##### Total Weight:

US 625 lbs.

Metric 283 kg



#### Features:

- Diverging axis provides bio-mechanically correct exercise motion.
- Handgrip design allows for wide, narrow and neutral grip positions.
- 1 3/8" handgrips for comfort.
- Four bar linkage, gas-assisted seat adjusts to 8 positions to accommodate various size trainees.
- Chest pad tapered for superior comfort and adjusts to 8 positions for desired pre-stretch
- Smart Strength technology offers 9 different cam profiles simply by adjusting the cam; resistance curves are altered to stimulate different muscle fibers.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.
- Weight stack plates are labeled in both US customary and metric units of measure (lbs./kg)