

S-110 Low Back Extension

Specifications:

Dimensions:

US 42" W X 47" L X 63" H

Metric 107 cm W X 119 cm L X 160 cm H

Weight Stack:

US 265 lbs. total, 3-5 lb, 1-10 lb, 12-20 lb

Metric 120 kg total, 3-2 kg, 1-4 kg, 12-9 kg

Total Weight:

US 570 lbs.

Metric 259 kg



Features:

- 20° seat pad for correct biomechanical positioning.
- Built-in starting range limiter adjusts in 10° increments with 8 adjustment positions.
- Unique leg pad correctly holds user in the correct biomechanical position through the range of motion.
- Retractable and easy access seatbelt holds the trainee throughout full range of motion.
- Smart Strength technology offers 9 different cam profiles simply by adjusting the cam; resistance curves are altered to stimulate different muscle fibers.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.
- Weight stack plates are labeled in both US customary and metric units of measure (lbs./kg)